

Planning International de Bourbon Lancy 2017

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VENDREDI 30 Juin			SAMEDI 1 JUILLET						DIMANCHE 2 JUILLET		
14	0	Essais / Training	0	Essais / Training	0	Essais / Training	0	H3,5cc - S1 - L3 - 5 min	0	Essais / Training	0
	5		5		5		5	5	5		
	10		10		10		10	10	10		
	15		15		15		15	15	15		
	20		20		20		20	20	20		
15	25	Essais / Training	25	Essais / Training	25	Essais / Training	25	H3,5cc - S1 - L1 - 5 min	25	Essais / Training	25
	30		30		30		30	30	30		
	35		35		35		35	35	35		
	40		40		40		40	40	40		
	45		45		45		45	45	45		
16	50	Essais / Training	50	Essais / Training	50	Essais / Training	50	H3,5cc - S2 - L1 - 5 min	50	Essais / Training	50
	55		55		55		55	55	55		
	0		0		0		0	0	0		
	5		5		5		5	5	5		
	10		10		10		10	10	10		
17	15	Essais / Training	15	Essais / Training	15	Essais / Training	15	H3,5cc - S2 - L1 - 5 min	15	Essais / Training	15
	20		20		20		20	20	20		
	25		25		25		25	25	25		
	30		30		30		30	30	30		
	35		35		35		35	35	35		
18	40	Essais / Training	40	Essais / Training	40	Essais / Training	40	H7,5cc - L1 - 5 min	40	Essais / Training	40
	45		45		45		45	45	45		
	50		50		50		50	50	50		
	55		55		55		55	55	55		
	0		0		0		0	0	0		
19	5	Essais / Training	5	Essais / Training	5	Essais / Training	5	H3,5cc - S1 - L2 - 5 min	5	Essais / Training	5
	10		10		10		10	10	10		
	15		15		15		15	15	15		
	20		20		20		20	20	20		
	25		25		25		25	25	25		
20	30	Essais / Training	30	Essais / Training	30	Essais / Training	30	H3,5cc - S2 - L2 - 5 min	30	Essais / Training	30
	35		35		35		35	35	35		
	40		40		40		40	40	40		
	45		45		45		45	45	45		
	50		50		50		50	50	50		
21	55	Essais / Training	55	Essais / Training	55	Essais / Training	55	H3,5cc - S1 - L2 - 5 min	55	Essais / Training	55
	0		0		0		0	0	0		
	5		5		5		5	5	5		
	10		10		10		10	10	10		
	15		15		15		15	15	15		
22	20	Essais / Training	20	Essais / Training	20	Essais / Training	20	H3,5cc - S2 - L2 - 5 min	20	Essais / Training	20
	25		25		25		25	25	25		
	30		30		30		30	30	30		
	35		35		35		35	35	35		
	40		40		40		40	40	40		
23	45	Essais / Training	45	Essais / Training	45	Essais / Training	45	H3,5cc - S1 - L2 - 5 min	45	Essais / Training	45
	50		50		50		50	50	50		
	55		55		55		55	55	55		
	0		0		0		0	0	0		
	5		5		5		5	5	5		
24	10	Essais / Training	10	Essais / Training	10	Essais / Training	10	H3,5cc - S2 - L2 - 5 min	10	Essais / Training	10
	15		15		15		15	15	15		
	20		20		20		20	20	20		
	25		25		25		25	25	25		
	30		30		30		30	30	30		
25	35	Essais / Training	35	Essais / Training	35	Essais / Training	35	H3,5cc - S1 - L2 - 5 min	35	Essais / Training	35
	40		40		40		40	40	40		
	45		45		45		45	45	45		
	50		50		50		50	50	50		
	55		55		55		55	55	55		
26	0	Essais / Training	0	Essais / Training	0	Essais / Training	0	H3,5cc - S2 - L2 - 5 min	0	Essais / Training	0
	5		5		5		5	5	5		
	10		10		10		10	10	10		
	15		15		15		15	15	15		
	20		20		20		20	20	20		
27	25	Essais / Training	25	Essais / Training	25	Essais / Training	25	H3,5cc - S1 - L2 - 5 min	25	Essais / Training	25
	30		30		30		30	30	30		
	35		35		35		35	35	35		
	40		40		40		40	40	40		
	45		45		45		45	45	45		
28	50	Essais / Training	50	Essais / Training	50	Essais / Training	50	H3,5cc - S2 - L2 - 5 min	50	Essais / Training	50
	55		55		55		55	55	55		
	0		0		0		0	0	0		
	5		5		5		5	5	5		
	10		10		10		10	10	10		
29	15	Essais / Training	15	Essais / Training	15	Essais / Training	15	H3,5cc - S1 - L2 - 5 min	15	Essais / Training	15
	20		20		20		20	20	20		
	25		25		25		25	25	25		
	30		30		30		30	30	30		
	35		35		35		35	35	35		
30	40	Essais / Training	40	Essais / Training	40	Essais / Training	40	H3,5cc - S2 - L2 - 5 min	40	Essais / Training	40
	45		45		45		45	45	45		
	50		50		50		50	50	50		
	55		55		55		55	55	55		
	0		0		0		0	0	0		
31	5	Essais / Training	5	Essais / Training	5	Essais / Training	5	H3,5cc - S1 - L2 - 5 min	5	Essais / Training	5
	10		10		10		10	10	10		
	15		15		15		15	15	15		
	20		20		20		20	20	20		
	25		25		25		25	25	25		
32	30	Essais / Training	30	Essais / Training	30	Essais / Training	30	H3,5cc - S2 - L2 - 5 min	30	Essais / Training	30
	35		35		35		35	35	35		
	40		40		40		40	40	40		
	45		45		45		45	45	45		
	50		50		50		50	50	50		
33	55	Essais / Training	55	Essais / Training	55	Essais / Training	55	H3,5cc - S1 - L2 - 5 min	55	Essais / Training	55
	0		0		0		0	0	0		
	5		5		5		5	5	5		
	10										